

Table 1: Implementation goals and data collection activities

| Implementation domain | Implementation goal | Activity | Outcomes measure | |
|---|--|--|--|-----------------------|
| User centred codesign approach privileging First Nations voices | First Nations people's lived experience informs codesign and implementation | Governance and codesign meetings and workshops conducted Stakeholder feedback invited and interpreted | No. of below completed plus findings: | |
| | | | Participant surveys* | |
| | | | Workshop evaluations | |
| | | | No. Completed: | |
| | | | Meetings | |
| | | | Workshops | |
| Best practice engagement in First Nations research | First Nations people's perspectives govern project activity | Governance and codesign meetings and workshops conducted Stakeholder feedback invited and interpreted | No. of below completed plus findings: | |
| | | | Workshop evaluations | |
| | | | Participant surveys* | |
| | | | No. completed: | |
| | | | Meetings | |
| | | | Workshops | |
| Innovation characteristics and outcomes | The resource is suitable, engaging, effective, flexible, and has relative advantage as perceived and experienced by stakeholders: | Promotional activities reach all stakeholders | No. of below completed plus findings: | |
| | · Recipients | Feedback from stakeholders received | Training evaluation | |
| | · Service providers | | Participant surveys | |
| | · Decision makers | Updates incorporated | d-Mental Health Index | |
| | · First Nations advisors | | Action plans | |
| | Stakeholders provide feedback and suggest changes to innovation Stakeholders support implementation | Resources disseminated widely | Resources disseminated widely | Field notes |
| | | | | No. completed: |
| | Dissemination activities | | | |
| | Promotional resources | | | |
| | Feedback collection | | | |
| | Resource updates | | | |
| | Recipients have improved wellbeing and goals setting confidence | Findings: | | |
| | App and web analytics | | | |
| Inner context characteristics, adoption, and Implementation | The organisation is supported by external facilitation activities Service providers have improved skill and confidence and access to ongoing support resources Participants decide to download the package (to 'adopt' it) Participants use the package (to 'implement' it) | Decision makers are supported through: | No. of below completed plus findings: | |
| | | · Readiness planning | Training evaluation | |
| | | · Action plans | Participant surveys | |
| | | · ERIC strategies | d-Mental Health Index | |
| | | · Tailored training | Action plans | |
| | | · Follow up support | Field notes | |
| | | · Quality support resources | Follow up support surveys | |
| | | | Follow up support sessions | |
| | | Number of: | Training workshops delivered | |
| | | | Participants trained | |
| | | | Support resources | |
| | | | Feedback collections | |
| | Resource updates | | | |

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|--|--|---|---|
| | | | Findings: |
| | | | App and web analytics |
| Inner context characteristics, adoption, and Implementation | Decision makers support internal facilitators to continue to deliver the package through: | Decision makers support implementation with the external facilitation team through: | Number of below completed plus findings: |
| | allocation of resources, progress monitoring, leadership endorsement, and updated policies and processes | · Readiness planning | Stakeholder surveys |
| | | · Action plans | d-Mental Health Index |
| | Readiness planning and action plan review with decision makers using digital mental health index supports decision makers to address barriers and identify and strengthen enablers | · ERIC strategies | Action plans |
| | | · Tailored training | Field notes |
| | | · Follow up support | Follow up surveys |
| | | · Quality support resources | Number of: |
| | | | Training workshops delivered |
| | | | Participants trained |
| | | | Support resources |
| | | Feedback collections | |
| | | Resource updates | |
| | | Findings: | |
| | | App and web analytics | |
| Inner and outer context characteristics, implementation, and sustainment | Participants continue to deliver the package | Networks, partners, and policy makers are engaged | Number of completed: |
| | | | Engagement activities |
| | Evidence and user feedback informs iterative updates | Evidence and user feedback is collated | Embedding activities |
| | | | Updates |
| | Workforce training, guidelines, and relevant policies embed AIMhi-Y approach | Iterative AIMhi-Y updates are completed | Findings: |
| | | App and web analytics | |